Dear Parents and Carers,

Welcome to Week 2 of the school term. Mr Flannery mentioned in his newsletter message last week that he would be on leave until the 19th May and that I would be relieving for him. I am excited about filling this role and look forward to leading our dynamic staff and students during this time. I spoke with students at Monday assembly about treating each other with respect and following our three school rules; Be Safe, Be Fair and Be a Learner. I know Mr Flannery often mentions these rules, and I believe students who abide by these rules have positive experiences and get the most out of school life. I want students to be happy, safe and to enjoy coming to school every single day.

Students regularly receive ‘Caught Me’ awards randomly on the playground for positive behaviour. The awards go into a raffle which is drawn at the end of each term. The following students are our ‘Caught Me Award’ winners for Term 1 and have won a Movieworld voucher! Jye H, Dean R, Reuben H and Gabrielle C. Well done to these students!!

We’ve had a busy start to the term as always with events quickly filling up our calendar. Yesterday Mr Hardy and Mrs Franklin accompanied the District Cross Country children to the event in Lennox Head, thank goodness it stopped raining and they were able to enjoy some sunshine! Mrs Cameron took a group of footballers to compete in a Rugby League competition in Casino on Thursday also. We look forward to hearing the results and a report on both of these events will be provided next week.

NAPLAN 2014
Students in Years 3 and 5 will be participating in NAPLAN next week. The days are Tuesday 13th, Wednesday 14th and Thursday 15th May and exams will begin at 9.30am. Students participating in NAPLAN next week should have an early night before each exam as well as breakfast the morning of the exam. Please ensure your child attends school on time these days.

Year 5 Opportunity Class Placements 2015
Opportunity Classes are provided at various schools to cater for those students who are excelling in their education and who perhaps require extension or acceleration. Over recent years, several of our students have attended the OC class at Alstonville PS, and there is another one at Goonellabah PS. If you have a child moving into Year 5 in 2015, who you think would be suited to this program, please contact Mr Thomas at school.

ICAS exams
Notes have been collected for the ICAS exams. Please see the following dates for each exam. The exams will be held in Mrs O’Shannessy's room.
Tuesday 20th May – Computer Skills
Wednesday 4th June – Science
Monday 16th June – Writing
Tuesday 17th June – Spelling
Tuesday 29th July – English
Tuesday 12th August – Mathematics

Regards,
Janet O’Shannessy
### Congratulations to our Royal Bees

<table>
<thead>
<tr>
<th>Name</th>
<th>Age/Class</th>
<th>Hobbies</th>
<th>Favourite Movie</th>
<th>Favourite Colour</th>
<th>Favourite Food</th>
<th>Best thing about being a royal bee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Charli H</td>
<td>5, KA</td>
<td>Writing</td>
<td>Batman Lego</td>
<td>Red</td>
<td>Cookies</td>
<td>Sitting on the stage</td>
</tr>
<tr>
<td>Susan</td>
<td>5, KA</td>
<td>Going to the pool with my mum</td>
<td>Lego Movie</td>
<td>Blue</td>
<td>Donuts</td>
<td>Sitting on the stage</td>
</tr>
<tr>
<td>Charli P</td>
<td>5, KA</td>
<td>Going to the beach</td>
<td>Grown-ups</td>
<td>Red</td>
<td>Lollies</td>
<td>I can be in the newsletter</td>
</tr>
<tr>
<td>Sharlee</td>
<td>6, K-1N</td>
<td>Playing hide and seek</td>
<td>Red Riding Hood</td>
<td>Red</td>
<td>Carrots</td>
<td>Sitting up on the stage</td>
</tr>
<tr>
<td>James</td>
<td>7, 1-2W</td>
<td>Swimming with my Dad and Sister</td>
<td>Super Hero Squad</td>
<td>Gold</td>
<td>Bananas</td>
<td>Sitting on the stage at assembly</td>
</tr>
<tr>
<td>Jasper</td>
<td>7, 1-2W</td>
<td>Getting free time in class</td>
<td>James Bond</td>
<td>Gold</td>
<td>Spaghetti Bolognais</td>
<td>Being first in line</td>
</tr>
<tr>
<td>Makayla</td>
<td>7, 1-2W</td>
<td>Making loop bands</td>
<td>Peppa Pig</td>
<td>Pink</td>
<td>Pizza</td>
<td>You get to be at the front of the class</td>
</tr>
<tr>
<td>Jackson</td>
<td>6, 1-2W</td>
<td>Swimming</td>
<td>Lego movie</td>
<td>Gold</td>
<td>Apples</td>
<td>Getting buzz stickers</td>
</tr>
<tr>
<td>Kmali</td>
<td>11, 5-6C</td>
<td>Playing on my phone, reading, art</td>
<td>Now you see me</td>
<td>Pink and orange</td>
<td>Cookies and ice cream</td>
<td>Being half way towards being a Gold Bee</td>
</tr>
<tr>
<td>Joan</td>
<td>11, 5-6C</td>
<td>Tennis, reading, swimming, singing</td>
<td>Frozen and She's the Man</td>
<td>Sunset orange</td>
<td>Spicy curry</td>
<td>Everything</td>
</tr>
<tr>
<td>Lizzi</td>
<td>10, 5-6C</td>
<td>Playing with my sister</td>
<td>Need for Speed</td>
<td>Blue and pink</td>
<td>Chips</td>
<td>Sitting up on the stage</td>
</tr>
<tr>
<td>Jackson</td>
<td>10, 5-6C</td>
<td>Playing Halo 3 and running</td>
<td>Ace Ventura-Pet Detective</td>
<td>Orange</td>
<td>Mango</td>
<td>Getting awards</td>
</tr>
</tbody>
</table>

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**Be safe. Be fair. Be a Hornet.**
### More Royal Bees

<table>
<thead>
<tr>
<th>Name</th>
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<th>Favourite Food</th>
<th>Best thing about being a royal bee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joshua</td>
<td>11, 5-6C</td>
<td>Playing on my iPad and Xbox</td>
<td>Act of Valor</td>
<td>Purple and black</td>
<td>Ravioli</td>
<td>Sitting on the stage</td>
</tr>
<tr>
<td>Riley</td>
<td>10, 5-6C</td>
<td>Playing video games</td>
<td>After Earth</td>
<td>Blue</td>
<td>Pizza</td>
<td>Sitting on the stage</td>
</tr>
<tr>
<td>Caitlin</td>
<td>12, 5-6C</td>
<td>Voice acting and drawing</td>
<td>Teen Titans</td>
<td>Blue</td>
<td>Potato</td>
<td>Everything</td>
</tr>
<tr>
<td>Kodie</td>
<td>12, 5-6C</td>
<td>Playing football and touch football</td>
<td>The Lone Ranger</td>
<td>Green</td>
<td>Ice-cream</td>
<td>To be at the front of the line</td>
</tr>
<tr>
<td>Dylan</td>
<td>10, 5-6C</td>
<td>Playing my 3DS</td>
<td>Need for Speed</td>
<td>Black</td>
<td>Chicken and chips</td>
<td>Everything</td>
</tr>
<tr>
<td>Bronte</td>
<td>10, 5-6C</td>
<td>Running</td>
<td>Frozen and It</td>
<td>Pink</td>
<td>Mango</td>
<td>Everything</td>
</tr>
<tr>
<td>Jack</td>
<td>12, 5-6C</td>
<td>Catching lizards, snakes and spiders</td>
<td>The Lego Movie</td>
<td>Leaf green</td>
<td>Pizza</td>
<td>Everything</td>
</tr>
<tr>
<td>Will</td>
<td>10, 5-6C</td>
<td>Playing soccer</td>
<td>The Hobbit</td>
<td>Blue</td>
<td>Pizza</td>
<td>Everything</td>
</tr>
<tr>
<td>Jarrah</td>
<td>11, 5-6C</td>
<td>Playing on the computer</td>
<td>Lego Movie</td>
<td>Yellow</td>
<td>Chocolate</td>
<td>Everything</td>
</tr>
</tbody>
</table>

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**Congratulations!**
Live Life Well

Can Breakfast Make Kids Smarter?
Last year the University of Pennsylvania School of Nursing published findings from their research that says it does. The research found that children who regularly have breakfast on a daily basis had significantly higher full scale, verbal, and performance IQ test scores.

Why? After a whole night of fasting, breakfast serves as a means to supply “fuel” to the brain. Meanwhile, social interaction at breakfast time with others may promote brain development. Mealtime discussions may facilitate cognitive development by offering children the opportunity to expand their vocabulary, practice synthesizing and comprehending stories, and acquire general knowledge, noted the authors.

So the advice is eat breakfast, it may make you smarter. [http://www.nursing.upenn.edu/sia/Pages/Can-Breakfast-Make-Kids-Smarter.aspx]

PUT THE ‘SNAZZ’ BACK INTO THE SIMPLE SANDWICH!!
The following ideas may help to make sandwiches a little more EXCITING!

TRY:
- Triple Deckers – make a sandwich with 3 slices of bread and 2 layers of filling. Remove the crusts and cut into 3 strips.
- Pita Pockets – half a pocket of Pita bread filled with filling.
- Use cookie cutters pressed into your sandwiches to make some fun sandwich shapes. Imagine how much fun your child would have eating an animal-shaped sandwich!
- Whole wheat sandwich size crackers with your child’s favourite toppings.
- Vary meats – include lean ham, chicken, turkey, tuna or salmon (in springwater).
- Add reduced fat cheeses.
- Use a variety of vegies – like grated carrots, zucchini, lettuce, cucumber and sliced tomatoes (pat dry to prevent sandwiches from going soggy and put them between dry fillings).

Here are a few tasty sandwich filling options:
- Grated carrot, lettuce and sultanas with reduced fat cheese.
- Tuna, diced celery and cucumber.
- Chicken and chopped celery.
- Egg and lettuce.
- Reduced fat cheese and tomato or Vegemite™.
- Chicken, avocado and lettuce.
- Ham, crushed pineapple and grated reduced fat cheese with salsa or tomato paste.

Canteen News

Next Weeks Meal Deal—‘Mini Meal’
Mini chicken burger, flavoured milk, piece of fruit or watermelon cup, plus a prize $5.00.

Please Note: The canteen does not open for orders or sales until 8.45 in the morning. Before this time children must be seated in front of the Kindergarten rooms.

Did you know: Our chicken burgers are made from fresh chicken breast and crumbed with bread crumb and mixed herbs. They are made here in the canteen.

*We are still looking for volunteers to help in the canteen. If you would like to join the ‘canteen team’ this term, please contact me. I would love to hear from you.

Thanks
Colleen. 0457 641431

P and C
Please come to our P&C meeting, Monday 12th May, at 7pm in the staff room near the office. All parents and carers are welcome! Membership is just $1 for the whole year, but you don't have to be a member to come and hear what's going on at our school. We hope to see you there!

Thank you to everyone who supported the Mothers Day Stall. It was very successful as usual. Thanks to Alison who organised the gifts, and to the helpers on the day, Lindzi, Deb, Cate & Kevin.
I hope you enjoy your gifts that were carefully chosen with love by your child. Have a wonderful Mothers Day!

P&C Committee.
PBL Message

This week we are focusing on making good choices when moving around the school. We have many heavy traffic areas that require the school to have some systems in place to ensure everyone’s safety. Over the next couple of weeks we will be addressing all of these areas, but this week the focus will be on stairwells, hallways and hard surfaces. When we are moving from one place to another, and we are required to be on a hard surface, we are to **WALK** at all times. This behaviour keeps us all **safe**. When we are moving in a stairwell, hallway or veranda, we are to keep to the left. This behaviour will keep us **safe**. Please have a chat with your child about these very important expectations, as your support helps to reinforce our message.

*Remember Bee-Jay the Bee says Be Safe, Be Fair and Be a Learner*

Yours in Bee-Haviour

The PBL Team

Meet our Students

NAME: Coda
YEAR: 6
CLASS: 5-6B
MY FAVOURITE MOVIE: Giants
WHAT I DO FOR FUN: Playing my piano and going swimming
MY FAVOURITE FOOD: Pie and hot chips
MY FAVOURITE TV SHOW: The Simpsons
MY FAVOURITE BAND: Queen
MY FAVOURITE SUBJECTS: Music
I LOVE COMING TO BPS BECAUSE... The people there are kind

NAME: Illarrah
YEAR: 6
CLASS: 5-6C
MY FAVOURITE MOVIE: Scary Movie 5
WHAT I DO FOR FUN: Play sports
MY FAVOURITE FOOD: Tacos
MY FAVOURITE TV SHOW: Home and Away
MY FAVOURITE BAND: J-Geeks
MY FAVOURITE SUBJECTS: Reading and writing
I LOVE COMING TO BPS BECAUSE... I can learn heaps of things

Banking

Banking Day for students at BPS is every Wednesday. A reminder to senior students, you can drop your bank book into the canteen on the west site of a morning before school starts. Students in years K~4 your books will be collected from your classrooms. If you have a younger brother or sister at home, they are welcome to start banking with BPS as well. See Joan Gibson for details. Thankyou for banking.
Centre of Gravity invites you to attend
BLUE MOON GALA BALL

DATE: 11th October, 2014
TIME: 6.30pm
VENUE: INVERCAULD HOUSE
INVERCAULD ROAD,
GOONELLABAH
COST: $100.00 per person (over 18)
DRESS: Formal
R.S.V.P.: Please email to secure your place. With all tickets paid by Friday 19th September 2014.

To Wendy Briggs, 0418 280 669
Tickets will be available to purchase at Centre of Gravity Sessions.

Your support of this event will assist us to gain our own premises to operate full time to assist families & individuals with Autism.

Thankyou!

Community News and Advertising

Colour your world with a fun filled family outing
Lismore’s 24th Annual Gemfest

2 Full Days
Saturday 17th May, 9am—5pm
Sunday 18th May, 9am—3pm
Venue
Lismore Showground
Entry $5 per adult, $1 per child (under 5 yrs free)
Featuring
Gold, Sapphires, Jewellery, Opals, Gemstones, Rare Fossils, Meteorites, Healing Crystals, Raffles, Kids Activities, Food Stalls & Lucky Gate Prizes

Triple P – Positive Parenting Program
A course that introduces proven methods for encouraging positive behaviour and dealing with problem behaviours positively and consistently.
For all parents & carers of children aged 2—8 years

Group sessions are held Tuesday’s 20th May, 27th May, 3rd June & 10th June 2014
9.30am—12pm
At Rainbow Children’s Centre, 4 John Sharpe St East Ballina
Follow up telephone consultations will be held 17th and 24th June. (no need to arrange childcare for these dates)
Booking your place is essential before 13th May 2014
To book your place or get further information please call Simon or Ashley on 6686 4109
Limited childcare places available upon request

ThemeParks.com.au
Ticket Sale!
BIG SAVINGS ONLINE

CROSSFIT BALLINA
Fit Kids Program
At CrossFit Ballina, we offer a fitness program designed specifically for kids aged 6-12. We believe in promoting healthy lifestyle and diet choices through a fun and stimulating approach to education and exercise.
It is a great way to promote healthy body image and self-confidence.
Contact us for additional information:
Address: #14 Endeavor Cl, Ballina
Ph: 0490 185 347
Email: info@CrossFitBallina.com.au
Website: www.CrossFitBallina.com.au

These advertisements are accepted in good faith and the school does not vet them. Parents are advised to request further information or credentials, if they seek product use or participation in the activity.